



AIMN



Australasian Institute for Medical Nutrition

*Leaders in training & research for the clinical use of
intravenous & oral nutrients in modern medical care*

AIMN 2018 5 Day Program Overview

7-11 JUNE 2018

MELBOURNE

Park Hyatt Melbourne

1 Parliament Square, off Parliament Place

Melbourne VIC 3002

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Australasian Institute for
Medical Nutrition



NutritionMedicine
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Nutrition Assessment Workshop (2-Days)

Day 1

Thursday 7 June

Nutrition Assessment

Fairmont Room

9:00am - 10:30am

Nutritional Assessment Introduction

Prof. Mel Sydney-Smith

10:30am - 11:15am

Morning Tea

11:15am - 12:45pm

Nutritional Assessment Protocol –
symptoms, signs and diet

Dr. Ashley Berry

12:45pm - 2:15pm

Lunch

2:15pm - 3:45pm

Nutrients and Nutrient Deficiency

Prof. Mel Sydney-Smith

3:45pm - 4:30pm

Afternoon Tea

4:30pm - 6:00pm

Physical Examination

Dr. Ashley Berry

Prof. Mel Sydney-Smith MB BS PhD FACNEM

Dr. Ashley Berry MB BS Grad Dip (Nutrition)



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Day 2

Friday 8 June

Nutrition Assessment

Fairmont Room

9:00am - 10:30am	Laboratory Investigation – making the most of common pathology test	Dr. Ashley Berry
10:30am - 11:15am	<i>Morning Tea</i>	
11:15am - 12:45pm	Ancillary Laboratory Tests	Prof. Mel Sydney-Smith Dr. Ashley Berry
12:45pm - 2:15pm	<i>Lunch</i>	
2:15pm - 3:45pm	Case Study – Clinical Presentation	Prof. Mel Sydney-Smith Dr. Ashley Berry
3:45pm - 4:30pm	<i>Afternoon Tea</i>	
4:30pm - 6:00pm	Case Study – Clinical Presentation	Prof. Mel Sydney-Smith Dr. Ashley Berry



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Injectable Nutrients Workshop (3-Days)

Day 1

Saturday 9 June

Injectable Nutrient Theory and Practical Aspects of Setting Up an Integrative Medicine Clinic

Fairmont Room

8.00am - 8.30am	Registration / Tea & Coffee / Pre-Test Submission.	
8.30am - 9.00am	Opening Address and Introduction.	Dr. Ian Dettman
9.00am - 10.00am	Critical aspects of setting up an IV clinic.	Sue McGregor Chantel Marks
10.00am - 10.30am	Vitamin C Guidelines.	Dr. Joachim Fluhrer
10.30am - 11.00pm	Vitamin C Safety.	Cliff Meakin
11.00am - 11.30am	Morning Tea.	
11.30am - 12.00pm	Legal aspects.	Daan Spijer
12.00pm - 1.00pm	Medical insurance advisor.	
1.00pm - 2.00pm	Lunch.	
(1.40pm - 2.00pm)	Yoga / Meditation class.	Chantel Marks
2.00pm - 2.45pm	Vitamin C Theory Mechanisms.	Cliff Meakin
2.45pm - 3.00pm	Vitamin C Current Clinical Trials.	Cliff Meakin
3.00pm - 3.35pm	Afternoon Tea.	
(3.20pm - 3.35pm)	Yoga / Meditation class.	Chantel Marks
3.35pm - 4.05pm	Vitamin C Recent Trials.	Dr. Ian Dettman
4.05pm - 4.30pm	Vitamin D3 / Trace Elements Theory.	Cliff Meakin
4.30pm - 5.30pm	Chelation Therapy (EDTA / DMSA / DMPS) Theory.	Dr. Karel Hromek
5.30pm - 6.15pm	Myers Cocktail Theory.	Cliff Meakin
6.15pm - 7.45pm	Dinner Break.	
7.45pm onwards	Coffee and Port Talk – SPECIAL PRESENTATION Introduction to Hands On Assessment of Nutritional Deficiencies.	Prof. Mel Sydney-Smith Dr. Ashley Berry

Dr. Ian Dettman PhD BSc (Hons) ND FRMIT FACBS FANTA PSA SHPA ACNEM (Life Member)

Dr. Joachim Fluhrer MB BS FACNEM

Dr. Karel Hromek MB BS FACNEM

Cliff Meakin BHSc

Sue McGregor RN Div 1 BHSc DipNutr GDipClinEd MPH

Prof. Mel Sydney-Smith MB BS PhD FACNEM

Dr. Ashley Berry MB BS Grad Dip (Nutrition)

Dr. Hugo Galindo MD

Dr. Manuela Boyle PhD

Daan Spijer LLB ACNEM (Life Member)

Chantel Marks RN Div 1 ACMN

Flor de Maria Neyra RN Div 1 ACMN ACNEM



Day 2

Sunday 10 June

Injectable Nutrient Practical

Fairmont Room

7.30am - 8.00am	Arrival / Tea & Coffee.	
8.00am - 8.30am	Review and Q & A From Day One.	
8.30am - 10.00am	8:30am - 9:00am: Practical Demonstration of IV C as a slow straight push and infusion by AIMN. 9:00am - 10:00am: Practical Administration of 15g IV C infusion by delegates.	Sue McGregor Chantel Marks Flor de Maria Neyra
10.00am - 10.30am	Practical Q & A.	
10.30am - 11.10am	Morning Tea.	
(10.50am - 11.10am)	Yoga / Meditation class.	Chantel Marks
11.10am - 12.40pm	11:10am - 11:40am: Practical Demonstration of modified Myers Cocktail as a slow straight push by AIMN. 11:40am - 12:40pm: Practical Administration of modified Myers Cocktail as a slow straight push by delegates.	Sue McGregor Chantel Marks Flor de Maria Neyra
12.40pm - 1.00pm	Practical Q & A.	
1.00pm - 2.00pm	Lunch.	
(1.40pm - 2.00pm)	Yoga / Meditation class.	Chantel Marks
2.00pm - 2.45pm	Practical Demonstration ONLY of Antioxidant Mix Vitamin C +/- Glutathione +/- Alpha Lipoic Acid as an infusion by AIMN.	Sue McGregor Chantel Marks Flor de Maria Neyra
2.45pm - 3.15pm	Practical Q & A.	
3.15pm - 4.00pm	Afternoon Tea.	
(3.40pm - 4.00pm)	Yoga / Meditation class.	Chantel Marks
4.00pm - 5.00pm	4:00pm - 4:30pm: EDTA Therapy infusion demonstration ONLY by AIMN. 4:30pm - 5:00pm: DMPS / DMSA / Vitamin D3 / Trace Elements demonstration ONLY by AIMN.	Sue McGregor Chantel Marks Flor de Maria Neyra
5.00pm - 5.30pm	Practical Q & A.	
5.30pm - 6.30pm	Dinner Break.	
6.30pm - 7.30pm	Lifestyle Issues and Cancer	Dr. Manuela Boyle
7.30pm onwards	Coffee and Port Talk – SPECIAL PRESENTATION High Dose Vitamin C Clinical Trial Experience and Outcome in Colombia. Conducted by Dr. Galindo.	Dr. Hugo Galindo



Injectable Nutrients Workshop (3-Days) – *continued.*

Day 3

Monday 11 June

Injectable Nutrient Clinical Cases & Panel Discussion

Fairmont Room

7.30am - 8.00am	Arrival / Tea & Coffee.	
8.00am - 9.30am	Vitamin C Case Histories & Clinical Discussion.	Panel/Presenters Review
9.30am - 10.00am	Morning Tea.	
10.00am - 11.30pm	Myers Cocktail Case Histories & Clinical Discussion.	Panel/Presenters Review
11.30pm - 12.00pm	Genostics.	Dr. Joachim Fluhrer
12.00pm - 1.30pm	Lunch	
(1.00pm - 1.30pm)	Yoga / Meditation class.	Chantel Marks
1.30pm - 2.00pm	Vitamin D3 / Trace Elements. Case Histories & Clinical Discussion.	Panel/Presenters Review
2.00pm - 3.00pm	Vitamin C +/- Glutathione +/- Alpha Lipoic Acid. Case Histories & Clinical Discussion.	Panel/Presenters Review
3.00pm - 3.30pm	Afternoon Tea.	
3.30pm - 5.00pm	Chelation Therapy. Case Histories & Clinical Discussion.	Panel/Presenters Review
5.00pm - 5.30pm	Post-Test to be completed - required prior to obtaining certificate of attendance.	
5.30pm - 6.00pm	Closing Statements and Discussion.	

Presenters



Dr. Ian Dettman

*PhD (Biochem, Monash Uni) BSc(Hons) FRMIT (Microbiol, Biochem)
ND FANTA FACBS RACI MASM PDA AIMS PSA SHPA,
ACNEM (Life Member) ACMN (Founder) ATMS AIMN (Founder)*

Founding director of AIMN; qualifications & experience in biochemistry, microbiology, pharmacy, pathology & naturopathy; principal author of AIMN training. Managing Director of Biological Therapies.



Prof. Mel Sydney-Smith

MB BS PhD FACNEM

Director and medical practitioner at the Holistic Medical Centre and founder of the Australian College of Holistic Medicine. Author of a Masters Degree in nutritional medicine. International lecturer and author in nutrition and integrative medicine.



Dr. Karel Hromek

MB BS FACNEM

Medical Practitioner in Mullumbimby NSW, who has long specialised in Nutritional and Environmental Medicine (NEM) with a special interest in chelation therapy. International lecturer and author in nutrition and chelation.



Dr. Ashley Berry

MB BS Grad Dip (Nutrition)

Major interest is nutritional/complementary medicine. He believes that most chronic illnesses can be improved through a nutritional focus. International lecturer and author in nutrition and integrative medicine.



Dr. Joachim Fluhrer

MB BS FACNEM

Founder of Your Health clinics in Sydney, with many decades of experience in integrative medicine and a seasoned presenter. Director Genostics.



Cliff Meakin

BHSc

Medical researcher; qualified naturopath; lectured in nutrition & naturopathic topics at SSNT; co-author of AIMN training. Very competent computer systems manager and highly respected piano tuner.



Sue McGregor

RN Div 1 BHSc DipNutr GDipClinEd MPH

Nurse trainer with extensive experience in the administration of injectable nutrients; working in large integrative medicine clinics; has been an ACMN/AIMN presenter for years.



Dr. Hugo Galindo

MD

Founder and current President of the Board for the Colombia Society of Preventive Medicine. Founder of Fundacion Epheta, a not-for-profit organisation, the leader in Colombia in the development of non-toxic chemotherapy treatments for cancer. International lecturer and author in nutrition and integrative medicine. Missionary Doctor in Colombia.



Dr. Manuela Boyle

PhD

International lecturer and author in Cancer and Lifestyle.

Support Staff



Daan Spijer

LLB ACNEM (Life Member)

AIMN legal advisor.



Chantel Marks

RN Div 1 ACMN

Experienced nurse trainer in the administration of injectable nutrients. Considerable experience working for a number of prominent integrative medical clinics. Current yoga training.



Flor de Maria Neyra

RN Div 1 ACMN ACNEM

Over 30 years of nursing experience with 15 years specialising in integrative medicine. Extensive experience in the practical and clinical use of injectable nutrients



Australasian
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***Leaders in training & research for the
clinical use of intravenous & oral nutrients
in modern medical care***

AIMN

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